School Mental Health Partnerships: A Community Education Overview

School Mental Health Partnership: An Overview

The School Mental Partnership is an evolving initiative between Northwell Health and your child's school district. The partnership aims to help support school clinicians to meet the mental health needs of all students. Our team works closely with school counselors, psychologists, social workers and administrators to identify the best approach to supporting a student in need, both in the school environment and through connections to the appropriate level of care. Additionally, our partnership offers dedicated learning opportunities through a robust education program for school clinicians and community members.

About our Community Education Program:

Our team has a vested interest in providing our communities with opportunities to learn about mental wellness in children and adolescents. Our highly experienced team of mental health professional will facilitate monthly education as a foundational approach to ensuring parents and caregivers have the tools and resources needed to effectively support their child's mental health needs.

Educational Objectives:

- Discuss prevalent mental health conditions in school children
- Offer insight into techniques and interventions utilized by mental health professionals
- Provide interventions and strategies for parents/caregivers to apply within the home
- Share mental health resources within the Northwell Health System and the surrounding community

When do sessions occur?

Community Education Sessions occur virtually via ZOOM on the last Tuesday of each month from 7pm – 8pm.

How do I Register?

You may register for an event by clicking the link provided in the monthly newsletter or event flyer. Please note that registration is required to participate.

Can I view past recordings?

Yes! All community members are encouraged to visit our Youtube Library. **To view past recordings <u>click here</u>**

How to stay informed:

Sign up for reminders: @NWH4SCHOOL

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